



# Westerleigh

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# Meet our Manager

My name is Andrea, I am the registered manager at Westerleigh Care Home.

Though our recently introduced Namaste approach to dementia care and support, we have begun to create sessions filled with sensory stimulation and enrichment. This is just one of our many ideas and planned programs for opening up the world for our residents.

Through our focused values of providing personalised care and support Westerleigh and our residents aim to become an integral part of our community.

Andrea Huntington-Saiger





 Care Quality Commission Inspected and rated 22nd April 2025  
**Good**



## Residential Care



## Intermediate Care



## Respite Care

# Welcome to Westerleigh

We ensure that all residents are fully involved in the planning and delivery of care, promoting their right to privacy and independence.

We recognise that everyone is different and the care we deliver aims to reflect this.

We provide a homely, relaxed, safe atmosphere for its residents, visitors and Colleagues that work in the home.

- ▶ We will respect independence, privacy, dignity and a resident's right to make informed choices and take risks.
- ▶ We will treat residents with dignity and respect.
- ▶ We aim to provide residents with a varied diet to suit both health requirements and personal preferences.
- ▶ We will promote equality, diversity and inclusion within the home.
- ▶ We will recruit, induct and train our Colleagues to the highest standards possible.

**Our aim is to deliver person centred care delivered flexibly, attentively and in a non-discriminatory way whilst respecting our residents wishes.**



**58 Beds**



**Wheelchair  
Access**



**WiFi**



**Gardens**



**Lift  
Access**

Home from home...

# About Us

Westerleigh Care Home is situated in Stanley, County Durham and we do our very best to create an atmosphere that is warm and welcoming.

We go the extra mile to make sure that it is not just the residents that are supported and involved within the home, but their families as well.

All residents have key workers and their families know they can go to them for support or information.

We have excellent facilities including a lovely garden which residents are encouraged to enjoy whenever the weather allows.

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Each of our 58 bedrooms at Westerleigh are inviting, comfortable and well-furnished.

Residents are encouraged to personalise their room with their own furniture, photos and other mementos to create a 'home from home' feel.





## Dining

We have a 3-week menu plan designed to offer choice and variations to suit all tastes and needs. Special diets can also be incorporated into daily menu choices to reflect individual preferences, religious and cultural choices.

All food is prepared on site by our kitchen team and meals provided are wholesome, appealing and nutritionally well balanced. Menus are displayed within the home, with picture menus also available to enhance and promote personal choice.

Tea, coffee and soft drinks, together with light snacks, are available during the day and night. A full choice of menu options is also available at every meal time.

Meals can be a wonderful social time and we encourage meals to be eaten by residents in our dining rooms, however, the choice to eat in their room is always available to residents.



**Family and friends are welcome to dine with residents and this can be arranged by our team.**

**We also try to cater for special occasions such as birthdays and anniversaries.**





# Personalised Care Plan

At Akari Care we believe in working with our residents and families to personalise the care we give.

To do this we use an online care planning system called nourish

Nourish allows us to...

- Record, plan and coordinate care in real-time on the go
- Secure and record accurate notes for better decision making
- Personalise our care for everyone we support

Your needs and preferences are at the forefront of our care delivery and we want you to feel safe, heard and engaged in all your decisions.

We aim to keep you, your friends and family informed, giving peace of mind to you and us the ability to spend more time giving better, personalised care.



The smarter way to care



# WiFi



All our residents have access to the internet via our WiFi network within the home.

# Laundry



Laundry services are available to all our residents.

# Parking



Parking available in our car park outside the home.

# Access



All areas are wheelchair accessible.



Move more, laugh more...

## Activities

We provide a range of activities to suit different needs and interests, encouraging social opportunities, both inside and out, of the home.

Activities can include art and crafts, animal therapy, quizzes, knitting club, music nights, reminiscence sessions, keep fit and much more.

We also invite professional entertainers to perform in the home and welcome relatives, families and friends to join us.

Outdoor visits and trips are also organised with all events and activities displayed on the activity boards within the home.

If there is an activity residents particularly enjoy or request our Activities Team will endeavour to add it to the programme of events.

# Support through challenging times



Our Colleagues have the experience and training to understand the challenges faced when choosing a care home.

We aim to provide as much support as possible during the moving process and throughout our residents stay.

If you have any questions please do not hesitate to contact us on **01207 280431** or email [westerleigh@akaricare.co.uk](mailto:westerleigh@akaricare.co.uk)



## Our Values

Our values define who we are and give our Colleagues and residents a shared purpose and identity.

Our Colleagues aspire to live these values day to day so that we are able to provide personalised care and support to all our residents



personalised



kind



caring



trusted



community



### What you are saying about us...

My wife was accepted at Westerleigh from our home as at our age trying to care for my wife was very hard. From the first day coming to the home we were looked after very good and made at ease, and my wife seemed to excel and come back to me after what she went through.

Overall Experience - Family Member | 01 May 2026

When you visit Westerleigh care home you are always greeted warmly by the staff and find yourself in a building which is sparkling. Nothing is too much trouble for the staff. There are photos in the dining room to show the residents what they can choose each mealtime, a great benefit for Alzheimer sufferers. I would like to mention Janice, the cook, as she is wonderful and encourages relatives to share a meal with their loved ones. She also made sure I didn't leave the home for Durham University hospital on an empty stomach, during an emergency for my sister. I chose Westerleigh care home rather than the hospital when my sister needed palliative care as I knew she would receive empathy, love and kindness from the carers. I have never doubted that I made the right choice. I can thoroughly recommend Westerleigh care home to anyone who is looking for loving care for their loved ones. They will not be disappointed with their choice.

Overall Experience - Family Member | 06 May 2026

My dad has been here about 7 weeks and have no complaints at all. Staff are amazing, cannot do enough for him, anything he needs is never a bother. Staff are always in and around if needed. Always asking if he wants drinks or warm enough. Room is kept clean and tidy at all times.

Overall Experience - Family Member | 13 May 2026

My friend was admitted to Westerleigh Residential Home in December 2025, and from day one was treated with kindness, compassion and dignity. The staff ensured that all her needs were met. After a short stay in hospital, she returned to Westerleigh to be nursed with TLC and the best care until she sadly passed away in April 2026. To all the staff, I will be forever grateful for their kindness and compassion shown to my dear friend in her last few months. Thank you, and remember, "you made a difference"

Overall Experience - Friend of resident | 01 June 2026





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