



Frindsbury Hall

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you care. we care. akaricare.



**Nursing
Care**

Welcome to Frindsbury Hall

We ensure that all residents are fully involved in the planning and delivery of care, promoting their right to privacy and independence.

We recognise that everyone is different and the care we deliver aims to reflect this.

We provide a homely, relaxed, safe atmosphere for its residents, visitors and Colleagues that work in the home.

Home from home...

- ▶ We will respect independence, privacy, dignity and a resident's right to make informed choices and take risks.
- ▶ We will treat residents with dignity and respect.
- ▶ We aim to provide residents with a varied diet to suit both health requirements and personal preferences.
- ▶ We will promote equality, diversity and inclusion within the home.
- ▶ We will recruit, induct and train our Colleagues to the highest standards possible.

Our aim is to deliver person centred care delivered flexibly, attentively and in a non-discriminatory way whilst respecting our residents wishes.



74 Beds



**Wheelchair
Access**



WiFi



Gardens



**Lift
Access**

About Us

Frindsbury Hall Care Home is situated in Strood, Rochester and we do our very best to create an atmosphere that is warm and welcoming.

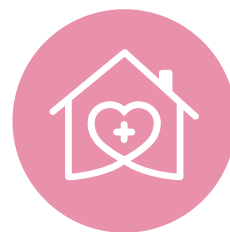
We go the extra mile to make sure that it is not just the residents that are supported and involved within the home, but their families as well.

All residents have key workers and their families know they can go to them for support or information.

We have excellent facilities including a lovely garden which residents are encouraged to enjoy whenever the weather allows.

Each of our 74 bedrooms at Frindsbury Hall are inviting, comfortable and well-furnished.

Residents are encouraged to personalise their room with their own furniture, photos and other mementos to create a 'home from home' feel.





Dining

We have a 3-week menu plan designed to offer choice and variations to suit all tastes and needs. Special diets can also be incorporated into daily menu choices to reflect individual preferences, religious and cultural choices.

All food is prepared on site by our kitchen team and meals provided are wholesome, appealing and nutritionally well balanced. Menus are displayed within the home, with picture menus also available to enhance and promote personal choice.

Tea, coffee and soft drinks, together with light snacks, are available during the day and night. A full choice of menu options is also available at every meal time.

Meals can be a wonderful social time and we encourage meals to be eaten by residents in our dining rooms, however, the choice to eat in their room is always available to residents.



Family and friends are welcome to dine with residents and this can be arranged by our team.

We also try to cater for special occasions such as birthdays and anniversaries.





Move more, laugh more...

Activities

We provide a range of activities to suit different needs and interests, encouraging social opportunities, both inside and out, of the home.

Activities can include art and crafts, animal therapy, quizzes, knitting club, music nights, reminiscence sessions, keep fit and much more.

We also invite professional entertainers to perform in the home and welcome relatives, families and friends to join us.

Outdoor visits and trips are also organised with all events and activities displayed on the activity boards within the home.

If there is an activity residents particularly enjoy or request our Activities Team will endeavour to add it to the programme of events.

Support through challenging times

Our Colleagues have the experience and training to understand the challenges faced when choosing a care home.

We aim to provide as much support as possible during the moving process and throughout our residents stay.

If you have any questions please do not hesitate to contact us on **01634 715337** or email **frindsbury@akaricare.co.uk**



Our Values

Our values define who we are and give our Colleagues and residents a shared purpose and identity.

Our Colleagues aspire to live these values day to day so that we are able to provide personalised care and support to all our residents



personalised



kind



caring



trusted



community



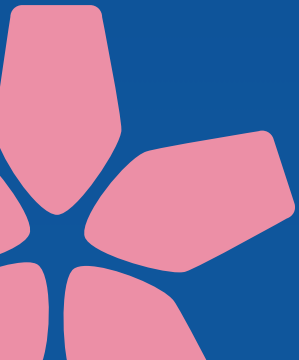
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