

# Comfort House.

You Care. We Care. Akari Care.





Residential Care



Intermediate Care

### Welcome to Comfort House

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the North East and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Comfort House provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



# A home from home.

### Communal

Comfort House Care Home is situated in a housing estate in Newcastle. It is close to shops and services and has good public transport links.

We are part of a wider, friendly and welcoming community – as you'd expect in the north east! – and here at Comfort House we make sure that all our visitors are made welcome and well looked after, whoever they are.

This is a residential Care Home with a relaxed and pleasant atmosphere, the Home is very comfortable with large bedrooms, all ensuite with showers, and there are good communal areas



42 Beds



Wheelchair Access



Wifi



Gardens



Public Transport



Minibus



Lift Access



**Local Shops** 







### **Our rooms**

Each of our 42 bedrooms at Comfort House are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other moments to create a home from home feel.

### **Dining**

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients.

Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. the main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

# low do vou like vour



# From bingo to beauty.

### **Activities**

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

## Support through challenging times.

### Peace of mind

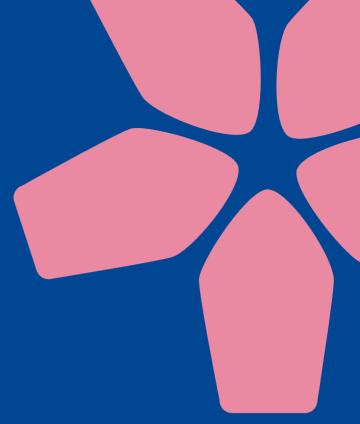
Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Comfort House.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.









### Comfort House

Middlegate, West Denton, Newcastle upon Tyne NE<sub>5</sub> 5AY Call us on 0191 264 4455

Photographs shown represent typical home accommodation

Central Support Centre: 84 Albion Street, Leeds, West Yorkshire, LS1 6AG

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