



  
**akari**  
care

# Ashfield Court.

You Care. We Care. **Akari Care.**





**Respite Care**



**Residential Care**



**Palliative Care**



**Dementia Care**

# Welcome to Ashfield Court

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the north east and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Ashfield Court provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



A home from home.

## Communal

Ashfield Court Care Home is situated in the Forest Hall area of Newcastle. It is within easy walking distance of local shops and amenities, and is well served by public transport. Many people who visit Ashfield Court comment on the warm and homely feel they get the minute they walk in and are greeted by friendly, smiling staff.

We have a very people-centred approach. We like to get to know our residents properly, not just on the surface. We ask new residents to fill in a 'This is your life' book, so we can learn about their personal history – where they went to school, their career, their hobbies, likes and dislikes, and so on. If they're not able to do this, we ask their families. With this information we can interact with residents in a much more meaningful way. It also helps that the majority of our staff and residents are from this area of Newcastle.

A local church has tea and coffee mornings here, and recently decided to start a lunch club. We offered Ashfield as a venue, so now people can sit and have meals and chat with residents and also find out a bit more about us. We have a secure garden, which is used regularly by the residents, sometimes for arts and crafts activities, weather permitting.



46 Beds



Minibus



Gardens



Lift Access



Wheelchair  
Access

**Relax,  
enjoy a laugh.**





## Our rooms

Each of our 46 bedrooms at Ashfield Court are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

## Dining

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients. Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. The main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

How do you like your eggs?





# From bingo to beauty.



## Activities

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

# Support through challenging times.



## Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Ashfield Court.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.





# Ashfield Court

**Great Lime Road, Forest Hall, Newcastle upon Tyne NE12 9DH**  
**Call us on 0191 256 6344**

Photographs shown represent typical home accommodation

Central Support Centre:  
84 Albion Street,  
Leeds, West Yorkshire,  
LS1 6AG



01134 680800



enquiries@akaricare.co.uk

**[www.akaricare.co.uk](http://www.akaricare.co.uk)**