

# Wheatfield Court.

You Care. We Care. Akari Care.









Residential Care Nursing Care

**Palliative Care** 





**Respite Care** 

**Intermediate Care** 

### Welcome to Wheatfield Court

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the north east and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Wheatfield Court provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



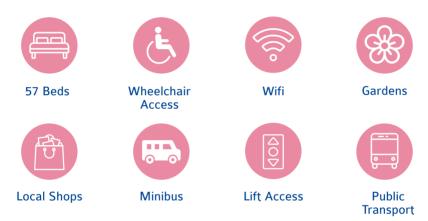
# A home from home.

### Communal

Wheatfield Court Care Home is situated in pleasant surroundings in the Westerhope area of Newcastle, within easy reach of the Durham Heritage Coast to the north, and the North Yorkshire coast to the south.

The Wheatfield team work very hard to accommodate the needs of all the residents. For those who have a strong sense of independence, the Home has good access to local amenities and transport links. At the same time, there are many activities to enjoy in-house. Whatever their preferences, we encourage all residents to remain physically and mentally active, to the best of their ability.

We have a wide range of residents, with varying capabilities and needs, and for those with more complex needs we provide nursing packages that are maintained by an advanced Care Team, with respite and palliative services also available.







### **Our rooms**

Each of our 57 bedrooms at Wheatfield Court are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

### **Dining**

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients.

Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. the main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

# How do vou like vour



# From bingo to beauty.

### **Activities**

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

## Support through challenging times.

### Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Wheatfield Court.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.









Wheatfield Road, Westerhope, Newcastle upon Tyne, Tyne & Wear NE5 5HQ

Call us on 0191 214 5104

Photographs shown represent typical home accommodation

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