



  
**akari**  
care

# Park House.

You Care. We Care. **Akari Care.**





**Residential Care**



**Nursing Care**



**Palliative Care**



**Intermediate Care**

# Welcome to Park House

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the north east and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Park House provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



A home from home.

## Communal

Park House Care Home is situated in a pleasant suburb of Newcastle. It backs onto a small park and is well served by public transport.

We're always pleased to welcome visitors to Park House. We have an attractive and welcoming reception area, and we make sure that visitors are looked after, and get all the assistance, advice and support they need.

We are very focused on the needs of our residents, and we do our best to enrich their lives. An important part of that is providing stimulating activities to keep them physically and mentally active, to the best of their ability. We have two Activity Co-ordinators, who between them provide a total of 45 hours of activities 7 days a week. That includes such things as bingo, board games, indoor bat and ball, groups knocking balloons around to each other (really popular, that one!), sing-alongs, craft projects and much more. There always seems to be something going on!



**50 Beds**



**Wheelchair  
Access**



**Wifi**



**Gardens**



**Local Shops**

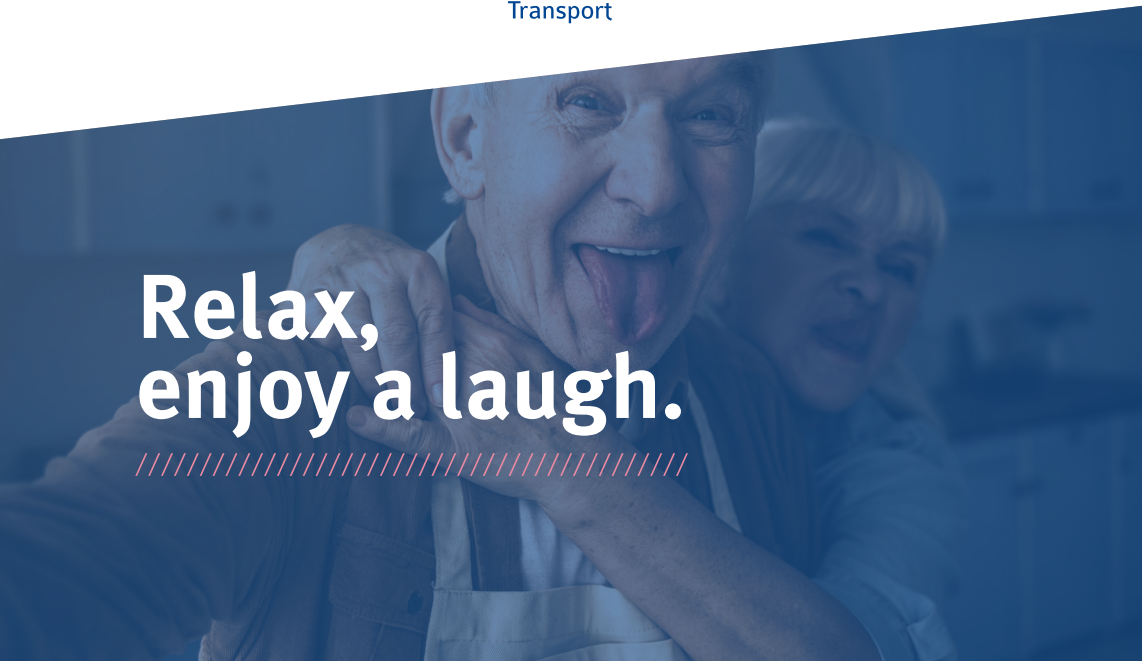


**Public  
Transport**



**Lift Access**

**Relax,  
enjoy a laugh.**





## Our rooms

Each of our 50 bedrooms at Park House are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

## Dining

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients. Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. The main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

How do you like your eggs?





# From bingo to beauty.



## Activities

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

# Support through challenging times.



## Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Park House.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.





# Park House

**Fawdon Lane, Fawdon, Newcastle upon Tyne NE3 2RU**  
**Call us on 0191 285 6111**

Photographs shown represent typical home accommodation

Central Support Centre:  
84 Albion Street,  
Leeds, West Yorkshire,  
LS1 6AG



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