

# Crofton Court.

You Care. We Care. Akari Care.









**Respite Care** 

Residential Care

Intermediate Care





**Day Care** 

**Palliative Care** 

### **Welcome to Crofton Court**

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the north east and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Crofton Court provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



# A home from home.

### **Communal**

Crofton Court Care Home is situated in Blyth, Northumberland. It is in the town centre, next to the Community Hospital. There is easy access to shops and cafés, the library and community centres. There are also very good public transport links. Blyth port is five minutes walk away.

Crofton Court has a lovely, welcoming feel to it. It is very peaceful, light and airy. Visitors often say that it's not like a Care Home: it's a home!

We work hard to ensure that the residents are given opportunities to be as physically and mentally active as they wish to be. We have excellent links with a local Tai Chi group, who come in once a fortnight to give lessons. We also have fortnightly visits from a Just Jhoon group, who do Bollywoood-style exercises sessions, which can be done standing or sitting. They are very popular. We have a big focus on music, with regular visits from entertainers who play the type of music that our residents like, so we can get them singing and dancing.



50 Beds







Lift Access

Minibus





**Local Shops** 

Gardens

This is particularly good for those with dementia. We have excellent links with Mind Active – they organise activities here, and our residents go to their social events in the town. Local primary school choirs often come to us, and residents sometimes visit their schools. A local artist does art classes with residents. The latest project is focusing on Old Blyth – again good for our dementia residents. A local church holds regular services here, and a group comes in to read bible stories, usually followed up by a related film.

In short, our residents our very busy! However, some of them do like to watch TV, so we have two lounges: one with and one without a TV.





### **Our rooms**

Each of our 50 bedrooms at Crofton Court are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

### **Dining**

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients.

Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. the main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

# low do vou like vour



# From bingo to beauty.

### **Activities**

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

# Support through challenging times.

### Peace of mind

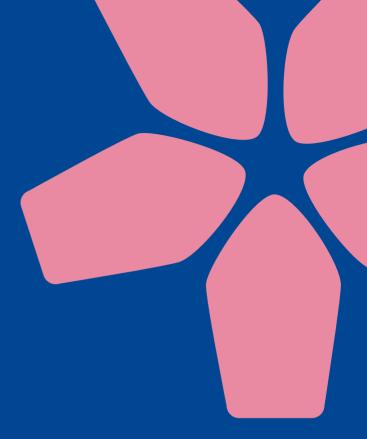
Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Crofton Court.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.









## **Crofton Court**

Edward Street, Blyth NE24 1DW Call us on 01670 354573

Photographs shown represent typical home accommodation

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