



# St Marks Court.

You Care. We Care. **Akari Care.**





**Palliative Care**



**Nursing Care**



**Respite Care**



**Intermediate Care**



**Residential Care**

# Welcome to St Marks Court

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the north east and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. St Marks Court provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



**A home from home.**

## Communal

St Marks Court Care Home is situated in the centre of Gateshead. The Home serves a community that was in the past dominated by shipbuilding, and many of the staff and residents have lived in the area all their lives.

Visitors to St Mark's Court always comment on how homely it is. That's partly because of the warm greeting every visitor receives, but it's much more to do with the fact that every bedroom is different. The residents are encouraged to give their room an individual feel and character of its own.

No one could say that our residents aren't kept busy and active. We have an excellent Activities Co-ordinator who supports staff and we also have strong links with the local community. For example, the Salvation Army do a lunch club every week, which many of our residents attend. We also have links with 'Hen Power', an organisation that creatively 'hengages' older people in arts activities and hen-keeping to promote health and wellbeing. We have five hens from them and the residents put them on their knee, place their hand on them to settle them, and then just sit with them. It's very relaxing for them. We also have guinea pigs and two cats!

Residents get involved in a variety of activities around the Home, from laying tables to the gardening club – they're building a summer house and they want to get into more DIY. We have a dance teacher once a week, an artist, and students from the local college who do sessions on memory with residents, and also help them to create a story, which they can write down and retell to the others.



**60 Beds**



**Wifi**



**Public  
Transport**



**Local Shops**



**Wheelchair  
Access**

**Relax,  
enjoy a laugh.**

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## Our rooms

Each of our 60 bedrooms at St Marks Court are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

## Dining

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients. Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. The main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

How do **you** like your eggs?





# From bingo to beauty.



## Activities

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

# Support through challenging times.

## Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at St Marks Court.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.





# St Marks Court

**73 Split Crow Road, Deckham, Gateshead NE8 3SA**  
**Call us on 0191 490 1192**

Photographs shown represent typical home accommodation

Central Support Centre:  
84 Albion Street,  
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