




akari
care

Cartrefle.

You Care. We Care. **Akari Care.**





Residential Care



Respite Care



Day Care

Welcome to Cartrefle

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Cartrefle provides a homely, relaxed and safe atmosphere for its residents, guests and staff.



A home from home.

Communal

Cartrefle is located on the outskirts of the picturesque market town of Llanrwst, which is nestling at the foot of the Snowdonia mountain range. It is within walking distance to all local amenities such as shops, library, the post office, churches and leisure centre. Originally built as a family home at the turn of the 20th century, Cartrefle was extended in 1985 with the intention of opening it as a residential home. Cartrefle went on to gain the reputation of being a small but friendly local home renowned for its award-winning home cooking. Cartrefle is run as an EMI residential home offering care in both English and Welsh to meet our resident's needs. The home is an attractive two storey building made of local stone and offers 25 beds with 21 single bedrooms and 2 double bedrooms. All bedrooms have washing facilities with 4 single bedrooms having en-suites facilities.

There are 2 lounges and a dining room with additional quiet areas upstairs and downstairs, there is a large garden to the front of the building and an enclosed courtyard where residents can enjoy the outside safely. Visitors are welcomed with a panad (cup of tea) and can sit in our quieter areas or join in the fun that is happening that day. Visitors are even welcome to come and have dinner with their loved one. The aim of Cartrefle is to offer a friendly and homely environment to meet our resident's needs. We offer a person-centered approach to each person's care. We aim to cater for their interests by holding various activities from special 1-2-1 sessions, themed days, trips out and even have people visiting from the local choir and local Zoo. We are proud of our reputation for providing excellent award winning home cooking in a friendly and accommodating manner.



24 Beds



Wheelchair
Access



Activity
Coordinator



Minibus



Gardens



Local Shops

**Relax,
enjoy a laugh.**





Our rooms

Each of our 24 bedrooms at Cartrefle are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

Dining

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients. Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. The main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

How do you like your eggs?



From bingo to beauty.



Activities

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

Support through challenging times.



Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Cartrefle.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.





Cartrefle

Betws Road, Llanrwst, Conwy LL26 0HG
Call us on 01492 640064

Photographs shown represent typical home accommodation

Central Support Centre:
84 Albion Street,
Leeds, West Yorkshire,
LS1 6AG



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