



**akari**
care

Westerleigh.

You Care. We Care. **Akari Care.**





Respite Care



Intermediate Care



Residential Care

Welcome to Westerleigh

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the north east and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Westerleigh provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



A home from home.

Communal

Westerleigh Care Home is located in County Durham and situated in Stanley, close to the local market. An ex colliery village, Stanley has a very friendly, warm and close-knit community feel to it.

Visitors to Westerleigh are always assured a warm and friendly, good old north-east 'How are you doing, how can we help you?' sort of greeting. People say we're very friendly and welcoming, because we are! The staff are very 'hands-on' when they interact with residents. For them, it's much more than just looking after them, they treat them like their own family, and that makes for a lovely ambience in the Home. It is genuinely true to say that our residents are loved. We have an open door policy for residents' families and friends, and we try our best to build a close relationship with them.

We place a lot of emphasis on activities to keep the residents stimulated, with things like knit 'n' natter sessions, exercises, excursions, picnics, movie night, dominoes and painting. Some of the residents go to the local market every Thursday, and a few go to the pub now and then.

The residents also get involved in the running of the Home. Sometimes they join the Manager on job interview panels. We have a Westerleigh newsletter, and residents help with the post, do gardening, and also help with activities.

We also encourage links with the community, and we have groups come in from local schools, colleges and churches.



55 Beds



Lift Access



Wheelchair
Access



Public
Transport



Wifi



Gardens

**Relax,
enjoy a laugh.**





Our rooms

Each of our 55 bedrooms at Westerleigh are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other momentos to create a home from home feel.

Dining

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients. Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. The main meal of the day is served at midday, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

How do you like your eggs?



From bingo to beauty.



Activities

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Our activities often involve the local community and we encourage strong social links with local groups. Typical daily activities include arts and crafts, indoor bowling, bingo, passive and gentle exercises, one to one shopping trips, beauty therapy, reminiscence meetings and lots more.

Support through challenging times.



Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Westerleigh.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.





Westerleigh

Scott Street, Stanley DH9 8AD
Call us on 01207 280431

Photographs shown represent typical home accommodation

Central Support Centre:
84 Albion Street,
Leeds, West Yorkshire,
LS1 6AG



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